



## Data Card Kendamil Stage 3 Classic 800g



### Description

Kendamil Classic Toddler Milk is a formula uniquely made with whole milk fat nutrients and free from palm oil and fish oil, formulated to help meet the nutritional needs of toddlers aged 1-3 years as part of a varied, balanced diet. Exclusively manufactured in the UK using Red-Tractor certified whole milk, Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil Toddler Milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosylactose).

### Presentation

Kendamil Stage 3 Classic is packaged in a 800g can.

### Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

### IMPORTANT NOTICE:

Breastfeeding is the best way to nourish your baby. Kendamil Toddler Milk is intended for use from the 12th month as part of a mixed diet on the advice of a healthcare professional, based on your baby's individual needs. When bottle feeding do not allow prolonged contact of milk feeds with your baby's teeth as this increases the risk of tooth decay. Make sure your baby's teeth are cleaned each night after the last feed.

### Ingredients

For allergens, see ingredients in **bold**.

Whole **Milk** (223g liquid **Milk** per 100g powder), Lactose (from **Milk**), Skimmed **Milk** Powder, Vegetable Oils (Sunflower, Coconut, Canola), Galacto-oligosaccharides (from **Milk**), Calcium phosphate, Calcium lactate, LCP Oils (Oil from *Mortierella alpina*, Oil from the microalgae *Schizochytrium* sp.), Sodium ascorbate, Calcium citrate, Iron Pyrophosphate, Potassium hydroxide, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5' monophosphate), Vitamin E, Niacin, Zinc Sulphate, Ferric Ammonium Citrate, Calcium Pantothenate, Vitamin A, Thiamin, Vitamin B6, Copper Sulphate, Manganese Sulphate, Folic Acid, Potassium Iodide, Riboflavin, Sodium Selenite, Vitamin K, Biotin, Vitamin D3, Vitamin B12.



### Typical Nutritional Values

		Per 100g	Per 100ml
Energy	kJ	1960	270
	kcal	470	64
Fat	g	20.4	2.8
of which:			
- saturates	g	9.3	1.3
- unsaturates	g	11.1	1.5
<b>Omega 3</b>			
α- Linolenic acid (ALA)	mg	260	37
Docosahexanoic Acid (DHA - LCP)	mg	62	8.8
<b>Omega 6</b>			
Linoleic acid	mg	2600	370
Arachidonic Acid (AA - LCP)	mg	16	2.2
Carbohydrate	g	58	8.0
of which sugars**	g	54	7.4
of which lactose	g	53	7.2
Fibre	g	1.5	0.21
Of which Galacto - oligosaccharides	g	1.45	0.2
Of which 3'GL***	g	0.05	0.01
Protein (N x 6.25)	g	13	1.8
-Whey Protein	g	2.6	0.36
-Casein Protein	g	10.4	1.42
Salt	g	0.42	0.06
<b>Vitamins</b>			
Vitamin A	mcg-RE	450	62 (15%*)
Vitamin D3	mcg	5.4	0.7 (10%*)
Vitamin E	mg-α-TE	9	1.2 (24%*)
Vitamin K	mcg	27	3.7 (31%*)
Vitamin C	mg	86	12 (27%*)
Thiamin	mg	0.52	0.07 (14%*)
Riboflavin	mg	0.86	0.12 (17%*)
Niacin	mg	5.2	0.71 (10%*)
Vitamin B6	mg	0.32	0.04 (6%*)
Folic Acid	mcg	100	14 (19%*)
Vitamin B12	mcg	0.8	0.1 (14%*)
Pantothenic Acid	mg	3.2	0.44 (15%*)
Biotin	mcg	13	1.8 (18%*)
<b>Minerals</b>			
Sodium	mg	170	24 (6%*)
Potassium	mg	765	105 (11%*)
Chloride	mg	370	52 (10%*)
Calcium	mg	880	121 (22%*)
Phosphorous	mg	480	66 (12%*)
Magnesium	mg	47	6.5 (8%*)
Iron	mg	6.3	0.9 (12%*)
Zinc	mg	3.7	0.5 (10%*)
Copper	mg	0.26	0.040 (8%*)
Iodine	mcg	81	11 (14%*)
Selenium	mcg	18	2.5 (12%*)
Manganese	mcg	63	8.6 (0.7%*)
<b>Others</b>			
L-Carnitine (naturally present)	mg	6.8	0.9
Nucleotides	mg	20	2.8

\* % Labelling Reference Values  
 \*\* Sugars derived from milk  
 \*\*\* 3'GL - Galactosylactose

### Shelf Life

24 months from date of manufacture.

### Feeding Guide (12-36 Months)

(1 level scoop = 4.6g) Add 1 level scoop of Kendamil 3 powder to each 30ml of water.

Amount of freshly boiled and cooled water per feed	Number of scoops per feed
ml	
180	6

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil 3 Milk should be fed on demand. Use the correct amount of levelled scoops as directed. Using too much, or too little can make your baby ill. Talk to your health professional if you need more advice.

### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

### Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and **do not re-heat in a microwave.**

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