



Data Card Kendamil Stage 1 Goat 800g



Description

Kendamil Goat First Infant Milk is a nutritionally complete breastmilk substitute, uniquely made with whole milk fat nutrients and free from palm oil and fish oil, suitable as sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Exclusively manufactured in the UK using Red-Tractor certified A2 whole goat's milk, Kendamil is enriched with plant-based DHA and ARA. Kendamil infant milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosylactose) to mimic the natural composition of human breast milk.

Presentation

Kendamil Stage 1 Goat is packaged in a 800g can.

Contraindications

Not suitable for those with allergy to any of the ingredients, including cows milk proteins.

IMPORTANT NOTICE

Breastfeeding is the best way to nourish your baby. We recommend that you only use Kendamil Goat Milk on the advice of your doctor, pharmacist, midwife, health visitor, public health nurse, dietician or other healthcare specialist, based on baby's individual needs. When bottle feeding, do not allow prolonged contact of milk feeds with you baby's teeth as this increases the risk of tooth decay. Make sure your baby's teeth are cleaned each night after the last feed.

Ingredients

For allergens, see ingredients in **bold**.

Whole Goat **Milk**, Demineralised Goat Whey Powder (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Galacto-oligosaccharides (from **Milk**), Lactose (from **Milk**), Calcium citrate, Choline bitartrate, Potassium chloride, Calcium lactate, Sodium citrate, Magnesium chloride, Sodium ascorbate, Oil from the microalgae Schizochytrium sp., L-Tyrosine, L-Phenylalanine, L- Tryptophan, Potassium hydroxide, Inositol, Oil from Mortierella alpina, L-Isoleucine, Taurine, Calcium phosphate, Iron pyrophosphate, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5' monophosphate), L-Carnitine, Zinc sulphate, Vitamin E, Niacin, Calcium pantothenate, Copper sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese sulphate, Folic acid, Potassium iodide, Sodium selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.



Typical Nutritional Values

		Per 100g	Per 100ml
Energy	kJ	2134	275
	kcal	510	66
Fat	g	27	3.5
of which:			
- saturates	g	10	1.3
- unsaturates	g	17	2.2
Omega 3			
α-Linolenic Acid (ALA)	mg	350	45
Docosahexaenoic Acid (DHA - LCP)	mg	125	16
Omega 6			
Linoleic Acid	mg	3700	477
Arachidonic Acid (AA - LCP)	mg	62	8
Total Carbohydrate	g	56	7.2
- sugars*	g	54	7
- lactose	g	52	6.7
Fibre	g	18	0.23
of which Galacto - oligosaccharides	g	1.7	0.22
of which 3'GL**	g	0.1	0.01
Protein (N x 6.25)	g	10.4	1.3
- Whey protein	g	6.3	0.8
- Casein protein	g	4.1	0.5
Vitamins			
Vitamin A	mcg-RE	450	59
Vitamin D3	mcg	11	1.4
Vitamin E	mg-α-TE	17	2.2
Vitamin K	mcg	33	4.3
Vitamin C	mg	90	12
Thiamin	mg	0.5	0.06
Riboflavin	mg	1.2	0.15
Niacin	mg	5	0.65
Vitamin B6	mg	0.41	0.05
Folate	mcg (DFE)	133	17
Vitamin B12	mcg	0.9	0.12
Pantothenic Acid	mg	3.7	0.5
Biotin	mcg	22	2.8
Minerals			
Sodium	mg	170	22
Potassium	mg	650	84
Chloride	mg	500	64
Calcium	mg	340	44
Phosphorous	mg	210	27
Magnesium	mg	48	6.2
Iron	mg	5.7	0.7
Zinc	mg	3.9	0.5
Copper	mg	0.41	0.053
Iodine	mcg	100	13
Selenium	mcg	19	2.5
Manganese	mcg	55	7
Fluoride	mg	<0.1	<0.015
Others			
Taurine	mg	45	5.8
Choline	mg	170	22
Inositol	mg	90	12
L- Carnitine	mg	9	1
Nucleotides	mg	22	2.8

*Sugars derived from milk
**3'GL - Galactosylactose

Shelf Life

24 months from date of manufacture.

Suggested Dosage

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml of water.

Approximate age of baby	Approximate weight of baby in kg (lb)	Water per feed	Scoops per feed	Feeds per 24 hours
Birth-1 week	3.0 (7)	90 ml	3	6
1-4 weeks	3.5 (8)	120 ml	4	5
1-2 months	4.5 (10)	120 ml	4	5
3 months	5.5 (12)	150 ml	5	5
4-5 months	6.5 (14)	180 ml	6	5
6 months	8 (18)	210 ml	7	4

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil 1 Goat Milk should be fed on demand.

Use the correct amount of levelled scoops as directed. Using too much, or too little can make your baby ill.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and **do not re-heat in a microwave**.

Date of preparation: 13.07.2022
Origin of the data is the UK
Version 2