



ESTD 1942

for healthcare professional use

# Kendamil®

## product data card

### Organic Toddler Milk 800g

#### Description

Kendamil Organic Toddler Milk is a formula uniquely made with organic whole milk fat nutrients and free from palm oil and fish oil, formulated to help meet the nutritional needs of toddlers aged 1-3 years as part of a varied, balanced diet. Exclusively manufactured in the UK using Red-Tractor and Soil Association certified organic whole milk, Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil Toddler Milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosylactose).

#### Presentation

Kendamil Stage 3 Organic is packaged in a 800g can.

#### Contraindications

Not suitable for those with allergies to any of the ingredients, galactosaemia or cow's milk intolerance.

#### Shelf life

24 months from date of manufacture.

#### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

#### IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

#### Ingredients

Allergen advice see ingredients in **bold**.

Organic whole **milk**, Organic demineralised **milk** whey protein powder, Organic skimmed **milk**, Organic vegetable oils (sunflower, coconut, rapeseed), Organic galacto-oligosaccharides (from **milk**), Calcium citrate, Sodium citrate, Potassium chloride, Calcium lactate, Magnesium chloride, Oil from the microalgae Schizochytrium sp., Vitamin C, Potassium hydroxide, Choline bitartrate, Inositol, Oil from Mortierella alpina, Taurine, Nucleotides (cytidine-5'-monophosphate, disodium uridine-5'-monophosphate, adenosine-5'-monophosphate, disodium inosine-5'-monophosphate, disodium guanosine-5'-monophosphate), Iron pyrophosphate, Zinc sulphate, Vitamin E, Niacin, Pantothenic acid, Copper sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese sulphate, Folic acid, Potassium iodide, Sodium selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.

## Typical Nutritional Values

		per 100g	per 100ml				
				Vitamin K	mcg	25	3.4
Energy	kJ	2033	279	Vitamin C	mg	70	11
	kcal	485	67	Thiamin	mg	0.4	0.05
Fat	g	23.2	3.2	Riboflavin	mg	0.8	0.11
of which:				Niacin	mg	4.7	0.64
-saturates	g	9.3	1.3	Vitamin B6	mg	0.4	0.05
-unsaturates	g	12.6	1.7	Folate (DFE)	mcg (DFE)	150	20.6
<b>Omega 3</b>				Vitamin B12	mcg	1.5	0.21
α-Linolenic Acid (ALA)	mg	340	47	Pantothenic Acid	mg	3.8	0.52
Docosahexaenoic Acid (DHA)	mg	100	13.7	Biotin	mcg	12	1.64
<b>Omega 6</b>				<b>Minerals</b>			
Linoleic Acid	mg	3280	450	Sodium	mg	160	22
Carbohydrate	g	57	7.8	Potassium	mg	700	96
-of which sugars**	g	55.7	7.6	Chloride	mg	320	44
-of which lactose	g	53.9	7.4	Calcium	mg	540	74
Fibre	g	1.5	0.21	Phosphorous	mg	320	44
-of which Galacto - oligosaccharides	g	1.45	0.2	Magnesium	mg	25	3.4
-of which 3'GL***	g	0.05	0.007	Iron	mg	6.2	0.85
Protein (N x 6.25)	g	11.4	1.6	Zinc	mg	3.8	0.52
-Whey protein	g	2.6	0.36	Copper	mg	0.32	0.04
-Casein protein	g	10.4	1.42	Iodine	mcg	90	12.3
Salt	g	0.5	0.07	Selenium	mcg	15	2.1
<b>Vitamins</b>				Manganese	mcg	65	8.9
Vitamin A	mcg-RE	380	52	Fluoride	mg	<0.1	<0.015
Vitamin D3	mcg	10	1.4	<b>Others</b>			
Vitamin E	mg-α-TE	9	1.2	L- Carnitine (naturally present)	mg	6.8	0.9

\*\*Sugars derived from milk

\*\*\* 3'GL – Galactosyllactose

## Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Toddler milk should be fed on demand.

Approximate age of baby	Amount of freshly boiled and cooled water per feed	Scoops per feed
12-36 months	180	6

## Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.