



Kendamil[®]

product data card

Organic First Infant Milk 800g

Description

Kendamil Organic First Infant Milk is a nutritionally complete breastmilk substitute, uniquely made with organic whole milk fat nutrients and free from palm oil and fish oil, suitable as sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Exclusively manufactured in the UK using Red-Tractor and Soil Association certified organic whole milk, Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil infant milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosyllactose) to mimic the natural composition of human breast milk.

Presentation

Kendamil Stage 1 Organic is packaged in a 800g can.

Contraindications

Not suitable for those with allergies to any of the ingredients, galactosaemia or cow's milk intolerance.

Shelf life

24 months from date of manufacture.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

Ingredients

Allergen advice see ingredients in **bold**.

Organic Whole **Milk** Organic Demineralised **Milk** Whey Protein Powder, Organic Vegetable Oils (Sunflower, Coconut, Rapeseed), Organic Skimmed **Milk**, Organic Galacto-oligosaccharides (from **Milk**), **Less than 2% of:** Calcium Citrate, Sodium Citrate, Potassium Chloride, Calcium Lactate, Magnesium Chloride, Oil from the microalgae Schizochytrium sp., Vitamin C, Potassium Hydroxide, Choline Bitartrate, Inositol, Oil from Mortierella alpina, Taurine, Iron Pyrophosphate, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5'-monophosphate), Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.

Typical Nutritional Values

		per 100g	per 100ml				
				Thiamin	mg	0.5	0.06
Energy	kJ	2148	277	Riboflavin	mg	1.4	0.18
	kcal	513	66	Niacin	mg	4.7	0.6
Fat	g	27.4	3.5	Vitamin B6	mg	0.4	0.05
of which:				Folate (DFE)	mcg (DFE)	150	19.3
-saturates	g	9.7	1.3	Vitamin B12	mcg	1.3	0.16
-unsaturates	g	17.7	2.3	Pantothenic Acid	mg	3.8	0.49
Omega 3				Biotin	mcg	14	1.8
α-Linolenic Acid (ALA)	mg	430	55.5	Minerals			
Docosahexaenoic Acid (DHA - LCP)	mg	125	16.1	Sodium	mg	190	24.5
Omega 6				Potassium	mg	520	67
Linoleic Acid	mg	4515	582	Chloride	mg	385	49.6
Arachidonic Acid (AA – LCP)	mg	62	8	Calcium	mg	350	45.2
Total Carbohydrate	g	54	7	Phosphorous	mg	185	23.8
-of which sugars*	g	52	6.7	Magnesium	mg	50	6.4
-of which lactose	g	50	6.5	Iron	mg	5.3	0.7
Fibre	g	1.8	0.23	Zinc	mg	3.9	0.5
-of which Galacto - oligosaccharides	g	1.7	0.22	Copper	mg	0.4	0.052
-of which 3'GL**	g	0.06	0.01	Iodine	mcg	95	12.3
Protein (N x 6.25)	g	11.2	1.4	Selenium	mcg	18	2.3
-Whey protein	g	6.4	0.8	Manganese	mcg	70	9
-Casein protein	g	4.6	0.6	Fluoride	mg	<0.1	<0.015
Vitamins				Others			
Vitamin A	mcg-RE	390	50	Taurine	mg	45	5.8
Vitamin D3	mcg	10.4	1.3	Choline	mg	155	20
Vitamin E	mg-α-TE	10.5	1.4	Inositol	mg	90	11.6
Vitamin K	mcg	28	3.6	L- Carnitine (naturally occurring)	mg	6.8	0.9
Vitamin C	mg	70	9	Nucleotides	mg	22	2.8

*Sugars derived from milk
** 3'GL – Galactosyllactose

Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil First milk should be fed on demand.

Approx. age of baby	Approx. weight of baby		Water* per feed in ml	Scoops per feed	Feeds per 24 hrs
	kg	lb			
Birth-1 week	3.0	7	90	3	6
1-4 weeks	3.5	8	120	4	5
1-2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4-5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
7-12 months	-	-	210	7	3

*freshly boiled and cooled

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.

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for healthcare professional use