



ESTD 1942

for healthcare professional use

Kendamil®

product data card

Goat First Infant Milk 800g

Description

Kendamil Goat First Infant Milk is a nutritionally complete breastmilk substitute, uniquely made with whole milk fat nutrients and free from palm oil and fish oil, suitable as sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Exclusively manufactured in the UK using Red-Tractor certified A2 whole goat's milk, Kendamil is enriched with plant-based DHA and ARA. Kendamil infant milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosyllactose) to mimic the natural composition of human breast milk.

Presentation

Kendamil Stage 1 Goat is packaged in a 800g can.

Contraindications

Not suitable for those with allergy to any of the ingredients, including cows milk proteins.

Shelf life

24 months from date of manufacture.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

Ingredients

Allergen advice see ingredients in **bold**.

Whole Goat **Milk**, Demineralised Goat Whey Powder (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Galacto-oligosaccharides (from **Milk**), Lactose (from **Milk**), Calcium citrate, Choline bitartrate, Potassium chloride, Calcium lactate, Sodium citrate, Magnesium chloride, Sodium ascorbate, Oil from the microalgae Schizochytrium sp., L-Tyrosine, L-Phenylalanine, L- Tryptophan, Potassium hydroxide, Inositol, Oil from Mortierella alpina, L-Isoleucine, Taurine, Calcium phosphate, Ferrous Sulphate, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5' monophosphate), L-Carnitine, Zinc sulphate, Vitamin E, Niacin, Calcium pantothenate, Copper sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese sulphate, Folic acid, Potassium iodide, Sodium selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.

Typical Nutritional Values

		per 100g	per 100ml				
Energy				Thiamin	mg	0.5	0.06
	kJ	2142	278	Riboflavin	mg	1.2	0.15
	kcal	512	67	Niacin	mg	5	0.65
Fat	g	27	3.5	Vitamin B6	mg	0.41	0.05
of which:				Folate	mcg (DFE)	133	17
-saturates	g	10	1.3	Vitamin B12	mcg	0.9	0.12
-unsaturates	g	17	2.2	Pantothenic Acid	mg	3.7	0.5
Omega 3				Biotin	mcg	22	2.8
α-Linolenic Acid (ALA)	mg	350	45	Minerals			
Docosahexaenoic Acid (DHA - LCP)	mg	125	16	Sodium	mg	170	22
Omega 6				Potassium	mg	650	84
Linoleic Acid	mg	3700	477	Chloride	mg	500	64
Arachidonic Acid (AA – LCP)	mg	62	8	Calcium	mg	340	44
Total Carbohydrate	g	56	7.2	Phosphorous	mg	210	27
-of which sugars*	g	54	7	Magnesium	mg	48	6.2
-of which lactose	g	52	6.7	Iron	mg	5.7	0.7
Fibre	g	1.8	0.23	Zinc	mg	3.9	0.5
-of which Galacto - oligosaccharides	g	1.7	0.22	Copper	mg	0.41	0.053
-of which 3'GL**	g	0.1	0.01	Iodine	mcg	100	13
Protein (N x 6.25)	g	10.4	1.3	Selenium	mcg	19	2.5
-Whey protein	g	6.3	0.8	Manganese	mcg	55	7
-Casein protein	g	4.1	0.5	Fluoride	mg	<0.1	<0.015
Vitamins				Others			
Vitamin A	mcg-RE	450	59	Taurine	mg	45	5.8
Vitamin D3	mcg	11	1.4	Choline	mg	170	22
Vitamin E	mg-α-TE	17	2.2	Inositol	mg	90	12
Vitamin K	mcg	33	4.3	L- Carnitine	mg	9	1
Vitamin C	mg	90	12	Nucleotides	mg	22	2.8

*Sugars derived from milk

** 3'GL – Galactosylactose

Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil First milk should be fed on demand.

Approx. age of baby	Approx. weight of baby		Water* per feed in ml	Scoops per feed	Feeds per 24 hrs
	kg	lb			
Birth-1 week	3.0	7	90	3	6
1-4 weeks	3.5	8	120	4	5
1-2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4-6 months	6.5	14	180	6	5
7-12 months	-	-	210	7	3

*freshly boiled and cooled

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.