



ESTD 1962

Kendamil®

product data card

Classic Ready to Feed 250ml

Description

Kendamil Classic Ready to Feed formula is available as 250ml bottles for easy feeding on the go. Our Ready to feed uniquely avoids both palm oil and fish oil. Instead it's packed with natural cow's milk blended with healthy essential acids and plant-based DHA. Our Ready to Feed First Infant Milk is suitable from birth.

Presentation

Kendamil Ready To Feed 250ml is packaged in UHT sterilised plastic bottles.

Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

Shelf life

12 months from date of manufacture.

Storage

Before use please check best before date. Do not heat feeds in a microwave, hot spots may occur and cause scalding. Never leave your baby alone during feeding. Store in a cool dry place between 5°C and 25°C. Bottles should remain in the box or in a dark place to protect the contents from light. Once the bottle is opened, before feeding, the milk can be kept refrigerated at <5°C for maximum 24 hours. For hygiene reasons, after feeding, discard unfinished milk in the feeding bottle immediately after use. Bottles and teats for single use only.

IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

Ingredients

Allergen advice see ingredients in **bold**.

Water, whole **milk**, demineralised whey permeate (**milk**), demineralised whey (**milk**), vegetable oils (rapeseed, sunflower), galactooligosaccharides (**milk**), fructooligosaccharides, Oil from *Cryptocodium cohnii*, Oil from *Mortierella alpina*, L-tryptophan, L-tyrosine, inositol, L-carnitine, choline chloride, taurine, minerals: sodium citrate, calcium citrate, calcium phosphate, potassium phosphate, sodium chloride, magnesium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, sodium selenite, potassium iodide, potassium hydroxide, vitamins: A, D3, B1, B2, niacin, pantothenic acid, B6, biotin, folic acid, B12, C, E, K1, emulsifier: sunflower lecithin, antioxidant: tocopherol rich extract.

Typical Nutritional Values

		per 100ml	per 100kcal				
Energy				Vitamin B1	µg	55	86
	kJ	269	420	Vitamin B2	µg	100	156
	kcal	64	100	Niacin	mg	0.49	0.76
Fat	g	3.3	5.2	Vitamin B6	µg	43	67
Saturated fatty acids	g	0.8	1.2	Folate	µg-DFE	16	25
Omega 3				Vitamin B12	µg	0.2	0.31
α-Linolenic Acid (ALA)	mg	50	78	Pantothenic Acid	mg	0.43	0.67
Docosahexaenoic Acid (DHA - LCP)*	mg	15	23	Biotin	µg	1.8	2.8
Omega 6				Minerals			
Linoleic Acid (LA)	mg	430	672	Sodium	mg	32	50
Arachidonic Acid (AA – LCP)	mg	15	23	Potassium	mg	78	122
Total Carbohydrate	g	7	10.9	Chloride	mg	45	70
-of which sugars	g	6.8	10.6	Calcium	mg	60	94
-of which lactose	g	6.8	10.6	Phosphorous	mg	43.0	67
Fibres	g	0.68	1.06	Iron	mg	0.70	1.1
Galacto-oligosaccharides (GOS)	g	0.61	0.95	Zinc	mg	0.50	0.78
Fructo-oligosaccharides (FOS)	g	0.07	0.11	Copper	µg	61	95
Protein	g	1.3	2	Iodine	µg	13	20
Whey	g	0.68	1.06	Selenium	µg	2.7	4.2
Casein	g	0.62	0.97	Manganese	µg	13	20
Vitamins				Others			
Vitamin A	µg-RE	65	102	Taurine	mg	3	4.7
Vitamin D3	µg	1.5	2.3	Choline	mg	24	37
Vitamin E	mg-α-TE	1.5	2.3	Inositol	mg	6.2	9.7
Vitamin K1	µg	4	6.2	L- Carnitine	mg	1.4	2.2
Vitamin C	mg	10	16				

Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Ready to Feed should be fed on demand.

Approx. age of baby	Approx. weight of baby		Single feed		Feeds per 24 hrs
	kg	lb	ml	fl oz	
Up to 2 weeks**	3.5	7.75	90	3	6
2-4 weeks	3.9	8.5	120	4	5
4-8 weeks	4.7	10.5	150	5	5
8-12 weeks	5.4	12	180	6	5
3-4 months	6.2	13.75	180	6	5
4-5 months	6.9	15.25	210	7	5
5-6 months	7.6	16.75	210	7	5
7-12 months	-	-	210	7	3

**Newborn babies may take only small amounts of infant formula to start with. Your baby may need more or less than the feeding guide above. This information is given as a guide only.

Preparation

CHECK CAP BEFORE OPENING. DO NOT USE IF SEAL IS BROKEN. PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY
FAILURE TO FOLLOW INSTRUCTIONS MAY MAKE YOUR BABY ILL.

1. Wash hands and warm the feed by standing the sealed bottle in a bain marie of hot water.
2. SHAKE BOTTLE WELL. Unscrew cap and carefully remove aluminium foil seal. Dispose of both cap and seal carefully.
3. Add sterilised teat by holding the teat ring and screwing directly onto the bottle. Test temperature on your wrist before feeding.

If feed has not been used within 1 hour, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.