

Kendamil product data card

Classic Ready to Feed 250ml

Description

Kendamil Classic Ready to Feed formula is available as 250ml bottles for easy feeding on the go. Our Ready to feed uniquely avoids both palm oil and fish oil. Instead it's packed with natural cow's milk blended with healthy essential acids and plant-based DHA. Our Ready to Feed First Infant Milk is suitable from birth.

Presentation

Kendamil Ready To Feed 250ml is packaged in UHT sterilised plastic bottles.

Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

Shelf life

12 months from date of manufacture.

Storage

Before use please check best before date. Do not heat feeds in a microwave, hot spots may occur and cause scalding. Never leave your baby alone during feeding. Store in a cool dry place between 5°C and 25°C. Bottles should remain in the box or in a dark place to protect the contents from light. Once the bottle is opened, before feeding, the milk can be kept refrigerated at <5°C for maximum 24 hours. For hygiene reasons, after feeding, discard unfinished milk in the feeding bottle immediately after use. Bottles and teats for single use only.

IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

Ingredients

Allergen advice see ingredients in **bold**.

Water, whole **milk**, demineralised whey permeate (**milk**), demineralised whey (**milk**), vegetable oils (rapeseed, sunflower), galactooligosaccharides (**milk**), fructooligosaccharides, Oil from Crypthecodinium cohnii, Oil from Mortierella alpina, L-tryptophan, L-tyrosine, inositol, L-carnitine, choline chloride, taurine, minerals: sodium citrate, calcium citrate, calcium phosphate, potassium phosphate, sodium chloride, magnesium chloride, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, sodium selenite, potassium iodide, potassium hydroxide, vitamins: A, D3, B1, B2, niacin, pantothenic acid, B6, biotin, folic acid, B12, C, E, K1, emulsifier: sunflower lecithin, antioxidant: tocopherol rich extract.

Typical Nutritional Values

Energy kJ 269 420 Vitamin B2 μg 100 156 kcal 64 100 Niacin mg 0.49 0.76 Fat g 3.3 5.2 Vitamin B6 μg 4.3 67 Saturated fatty acids g 0.8 1.2 Folate μg -DE 16 25 Omega 3 - Vitamin B2 μg 0.2 0.31 a-Linolenic Acid (ALA) mg 50 78 Pantothenic Acid mg 0.43 0.67 Docosahexaenoic Acid (DHA $-LCP)^{+}$ mg 155 23 Biotin μg 1.8 2.8 Omega 6 - - Minerals mg 3.2 50 Arachidonic Acid (AA - LCP) mg 155 2.3 Potassium mg 3.2 50 Arachidonic Acid (AA - LCP) mg 155 2.3 Potassium mg 3.2 50 Galacto-coligosaccharides (GOS) g			per 100ml	per 100kcal	Vitamin B1	μg	55	86
Fat93.35.2Vitamin B6 μg 4.36.7Saturated fatty acidsg0.81.2Folate μg -DFE1.625Omega 3Vitamin B12 μg 0.20.31 α -Linolenic Acid (ALA)mg5078Pantothenic Acidmg0.430.67Docosahexaenoic Acid (DHAmg5078Pantothenic Acidmg0.430.67Docosahexaenoic Acid (LA)mg1523Biotin μg 1.82.8Comega 6Mineralsmg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg78122Total Carbohydrateg710.9Chloridemg4570-of which sugarsg6.810.6Calciummg6094-of which sugarsg0.6810.6Ironmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.62109Manganese μg 1320Wheyg0.6810.6Selenium μg 1320Wheyg0.65102Taurinemg3.44.7Vitamin A1 μg 152.3Cholinemg3.44.7Vitamin D3 μg 152.3Cholinemg <td>Energy</td> <td>kJ</td> <td>269</td> <td>420</td> <td>Vitamin B2</td> <td>μg</td> <td>100</td> <td>156</td>	Energy	kJ	269	420	Vitamin B2	μg	100	156
Saturated fatty acidsg0.81.2Folate μg -DFE1625Omega 3Vitamin B12 μg 0.20.31 α -Linolenic Acid (ALA)mg5078Pantothenic Acidmg0.430.67Docosahexaenoic Acid (DHA - LCP)*mg1523Biotin μg 1.82.8Omega 6MineralsDicloic Acid (LA)mg430672Sodiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg3250Arachidonic Acid (AA - LCP)mg6.810.6Calciummg43.067-of which sugarsg6.810.6Phosphorousmg43.067Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.620.97Manganese μg 6195Proteing0.620.681.06Selenium μg 2.74.2Caseing0.620.97Manganese μg 1.320<		kcal	64	100	Niacin	mg	0.49	0.76
Omega 3Image 1Image 1Vitamin B12 μg 0.2 0.31 α -Linolenic Acid (ALA)mg5078Pantothenic Acidmg 0.43 0.67 Docosahexaenoic Acid (DHAmg1523Biotin μg 1.8 2.8 Omega 6mg430672Sodiummg3250Arachidonic Acid (LA)mg430672Sodiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg78122Total Carbohydrateg6.810.6Calciummg6094-of which lactoseg6.810.6Ironmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.681.06Selenium μg 1320Wheyg0.681.06Selenium μg 1320Wheyg0.681.06Selenium μg 1320Vitamin A μg -RE65102Taurinemg34.7Vitamin A μg -RE65102Taurinemg2437Vitamin Emg-a-TE1.52.3Inositolmg1.42.2	Fat	g	3.3	5.2	Vitamin B6	μg	43	67
α -Linolenic Acid (ALA)mg5078Pantothenic Acidmg0.430.67Docosahexaenoic Acid (DHA $-LCP)*$ mg1523Biotin μg 1.82.8Omega 6MineralsMineralsMg3250Arachidonic Acid (LA)mg430672Sodiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg78122Total Carbohydrateg710.9Chloridemg4570-of which sugarsg6.810.6Calciummg6094-of which lactoseg6.810.6Ironmg0.7011Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (GOS)g0.681.06Selenium μg 1320Wheyg0.681.06Selenium μg 1320Wheyg0.681.06Selenium μg 1320Vitamins $ -$ Vitamin A μg -RE65102Taurinemg34.7Vitamin Emg- α -TE1.52.3Inositolmg6.29.7Vitamin K1 μg 46.2 L -Carnitinemg1.42.2	Saturated fatty acids	g	0.8	1.2	Folate	µg-DFE	16	25
Docosahexaenoic Acid (DHA - LCP)* mg 15 23 Biotin μ g 1.8 2.8 Omega 6 Image 430 672 Sodium mg 32 50 Arachidonic Acid (LA) mg 430 672 Sodium mg 32 50 Arachidonic Acid (AA - LCP) mg 15 23 Potassium mg 32 50 Arachidonic Acid (AA - LCP) mg 15 23 Potassium mg 32 50 Arachidonic Acid (AA - LCP) mg 15 23 Potassium mg 45 70 Of which sugars g 6.8 10.6 Calcium mg 43.0 67 Fibres g 0.61 0.95 Zinc mg 0.70 11 Galacto-oligosaccharides (GOS) g 0.61 0.95 Zinc mg 0.50 0.78 Fructo-oligosaccharides (FOS) g 0.62 0.97 Manganese µg 13	Omega 3				Vitamin B12	μg	0.2	0.31
LCP)*mg1523Biotin μ g1.82.8Omega 6ImageImage132.3Biotin μ g1.82.8Linoleic Acid (LA)mg430672Sodiummg3250Arachidonic Acid (AA – LCP)mg1523Potassiummg78122Total Carbohydrateg710.9Chloridemg45070-of which sugarsg6.810.6Calciummg6094-of which lactoseg0.6810.6Phosphorousmg0.7011Galacto-oligosaccharides (GOS)g0.610.95Zincmg6195Fructo-oligosaccharides (FOS)g0.620.97Manganese μ g6320Proteing1.32Iodine μ g1.320Vitamin A μ g6.5102Taurinemg34.7Vitamin D3 μ g1.52.3Cholinemg34.7Vitamin K1 μ g4.51.52.3Inositolmg6.29.7Vitamin K1 μ g4.46.2L-Carnitinemg1.42.2	α-Linolenic Acid (ALA)	mg	50	78	Pantothenic Acid	mg	0.43	0.67
Linoleic Acid (LA)mg430672Sodiummg3250Arachidonic Acid (AA - LCP)mg1523Potassiummg78122Total Carbohydrateg710.9Chloridemg4570-of which sugarsg6.810.6Calciummg6094-of which lactoseg6.810.6Phosphorousmg43.067Fibresg0.681.06Ironmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.681.06Seleniumµg6195Proteing0.681.06Seleniumµg1320Wheyg0.681.06Seleniumµg1320Vitaminsg0.620.97Manganeseµg1320Vitamin Aµg-RE65102Taurinemg34.7Vitamin D3µg1.52.3Cholinemg2437Vitamin K1µg46.2L-Carnitinemg1.422	Docosahexaenoic Acid (DHA - LCP)*	mg	15	23	Biotin	μg	1.8	2.8
Arachidonic Acid (AA - LCP)mg1523Potassiummg73122Total Carbohydrateg710.9Chloridemg4570-of which sugarsg6.810.6Calciummg6094-of which lactoseg6.810.6Phosphorousmg43.067Fibresg0.6810.6Phosphorousmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.070.11Copperµg6195Proteing0.68106Seleniumµg1320Wheyg0.68106Seleniumµg1320Vitaminsg0.620.97Manganeseµg1320Vitamin D3µg152.3Cholinemg34.7Vitamin K1µg46.2L-Carnitinemg1.42.2	Omega 6				Minerals			
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- of which sugarsg6.810.6Calciummg6.094- of which lactoseg6.810.6Phosphorousmg6.094- of which lactoseg6.810.6Phosphorousmg43.067Fibresg0.681.06Ironmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.070.11Copperμg6195Proteing1.32Iodineμg1320Wheyg0.681.06Seleniumμg2.74.2Caseing0.620.97Manganeseμg1320VitaminAμg-RE65102Taurinemg34.7Vitamin D3μg1.52.3Cholinemg6.29.7Vitamin K1μg46.2L-Carnitinemg1.42.2	Arachidonic Acid (AA – LCP)	mg	15	23	Potassium	mg	78	122
-of which lactoseg6.810.6Phosphorousmg43.067Fibresg0.681.06Ironmg0.701.1Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.070.11Copper μg 6195Proteing1.32Iodine μg 1320Wheyg0.681.06Selenium μg 1320Vitaminsg0.620.97Manganese μg 1320Vitamin A μg -RE65102Taurinemg34.7Vitamin Emg- α -TE1.52.3Inositolmg6.29.7Vitamin K1 μg 46.2L-Carnitinemg1.42.2	Total Carbohydrate	g	7	10.9	Chloride	mg	45	70
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Galacto-oligosaccharides (GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.070.11Copper μg 6195Proteing1.32Iodine μg 1.320Wheyg0.681.06Selenium μg 1.320Wheyg0.681.06Selenium μg 1.320Vitaminsg0.620.97Manganese μg 1.320Vitamin A μg -RE65102Taurinemg34.7Vitamin D3 μg 1.52.3Cholinemg2437Vitamin K1 μg 46.2L-Carnitinemg1.42.2	-of which lactose	g	6.8	10.6	Phosphorous	mg	43.0	67
GOS)g0.610.95Zincmg0.500.78Fructo-oligosaccharides (FOS)g0.070.11Copper μ g6195Proteing1.32Iodine μ g1320Wheyg0.681.06Selenium μ g2.74.2Caseing0.620.97Manganese μ g1320Vitamins μ g65102Taurinemg34.7Vitamin D3 μ g1.52.3Cholinemg34.7Vitamin K1 μ g46.2L-Carnitinemg1.42.2	Fibres	g	0.68	1.06	Iron	mg	0.70	1.1
(FOS)g0.070.11Copper μg μg 6195Proteing1.32Iodine μg 1.320Wheyg0.681.06Selenium μg 2.74.2Caseing0.620.97Manganese μg 1.320VitaminsOthers100Vitamin A μg -RE65102Taurinemg34.7Vitamin D3 μg 1.52.3Cholinemg2437Vitamin K1 μg 46.2L-Carnitinemg1.42.2	5	g	0.61	0.95	Zinc	mg	0.50	0.78
Whey g 0.68 1.06 Selenium μg 2.7 4.2 Casein g 0.62 0.97 Manganese μg 1.3 20 Vitamins mg 0.65 102 Others μg 3.3 4.7 Vitamin A μg-RE 65 102 Taurine mg 3.3 4.7 Vitamin D3 μg 1.5 2.3 Choline mg 2.4 37 Vitamin E mg-α-TE 1.5 2.3 Inositol mg 6.2 9.7 Vitamin K1 μg 4 6.2 L-Carnitine mg 1.4 2.2	-	g	0.07	0.11	Copper	μg	61	95
Casein g 0.62 0.97 Manganese μg 13 20 Vitamins mg 0.62 0.97 Manganese μg 13 20 Vitamins mg Case mg Case mg Taurine μg 13 20 Vitamin A μg-RE 65 102 Taurine mg 3 4.7 Vitamin D3 μg 1.5 2.3 Choline mg 24 37 Vitamin E mg-α-TE 1.5 2.3 Inositol mg 6.2 9.7 Vitamin K1 μg 4 6.2 L-Carnitine mg 1.4 2.2	Protein	g	1.3	2	lodine	μg	13	20
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Vitamin D3 μg 1.5 2.3 Choline mg 2.4 37 Vitamin E mg-α-TE 1.5 2.3 Inositol mg 6.2 9.7 Vitamin K1 μg 4 6.2 L- Carnitine mg 1.4 2.2	Vitamins				Others			
Vitamin E mg-α-TE 1.5 2.3 Inositol mg 6.2 9.7 Vitamin K1 μg 4 6.2 L-Carnitine mg 1.4 2.2	Vitamin A	µg-RE	65	102	Taurine	mg	3	4.7
Vitamin K1 µg 4 6.2 L- Carnitine mg 1.4 2.2	Vitamin D3	μg	1.5	2.3	Choline	mg	24	37
	Vitamin E	mg-α-TE	1.5	2.3	Inositol	mg	6.2	9.7
Vitamin C mg 10 16	Vitamin K1	μg	4	6.2	L- Carnitine	mg	1.4	2.2
	Vitamin C	mg	10	16				

Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Ready to Feed should be fed on demand.

Approx. age of baby		. weight baby	Single	Feeds per 24 hrs		
of baby	kg	lb	ml	fl oz		
Up to 2 weeks**	3.5	7.75	90	3	6	
2-4 weeks	3.9	8.5	120	4	5	
4-8 weeks	4.7	10.5	150	5	5	
8-12 weeks	5.4	12	180	6	5	
3-4 months	6.2	13.75	180	6	5	
4-5 months	6.9	15.25	210	7	5	
5-6 months	7.6	16.75	210	7	5	
7-12 months	-	-	210	7	3	

**Newborn babies may take only small amounts of infant formula to start with. Your baby may need more or less than the feeding guide above. This information is given as a guide only.

Preparation

CHECK CAP BEFORE OPENING. DO NOT USE IF SEAL IS BROKEN. PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY FAILURE TO FOLLOW INSTRUCTIONS MAY MAKE YOUR BABY ILL.

1. Wash hands and warm the feed by standing the sealed bottle in a bain marie of hot water.

2. SHAKE BOTTLE WELL. Unscrew cap and carefully remove aluminium foil seal. Dispose of both cap and seal carefully.

3. Add sterilised teat by holding the teat ring and screwing directly onto the bottle. Test temperature on your wrist before feeding.

If feed has not been used within 1 hour, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.

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