



# Kendamil®

## product data card

### Classic First Infant Milk 800g

#### Description

Kendamil Classic First Infant Milk is a nutritionally complete breastmilk substitute, uniquely made with whole milk fat nutrients and free from palm oil and fish oil, suitable as sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Exclusively manufactured in the UK using Red-Tractor certified whole milk, Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil infant milk contains a blend of GOS/FOS and HMOs in the form of 3'-GL (galactosyl-lactose) to mimic the natural composition of human breast milk.

#### Presentation

Kendamil Stage 1 Classic is packaged in a 800g can.

#### Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

#### Shelf life

24 months from date of manufacture.

#### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

#### IMPORTANT NOTICE

Breastfeeding is the best way to nourish your baby. We recommend that you only use Kendamil First Infant Milk on the advice of your doctor, pharmacist, midwife, health visitor, public health nurse, dietician or other healthcare specialist, based on baby's individual needs. When bottle feeding, do not allow prolonged contact of milk feeds with you baby's teeth as this increases the risk of tooth decay. Make sure your baby's teeth are cleaned each night after the last feed.

#### Ingredients

Allergen advice see ingredients in **bold**.

Whole **Milk**, Demineralised Whey Powder (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Lactose (from **Milk**), Skimmed **Milk** Powder, Galacto-oligosaccharides (from **Milk**), **Less than 2% of:** Whey Protein Concentrate alpha-lactalbumin (from **Milk**), Calcium Citrate, Potassium Chloride, Calcium Lactate, Sodium Citrate, Choline Bitartrate, Fructo-oligosaccharides, Magnesium Chloride, Oil from the microalgae Schizochytrium sp., Sodium Ascorbate, Potassium Hydroxide, Inositol, L-Tyrosine, Oil from Mortierella alpina, Taurine, Iron Pyrophosphate, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5'-monophosphate), L-Phenylalanine, Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.

## Typical Nutritional Values

		per 100g	per 100ml				
Energy				Thiamin	mg	0.45	0.06
	kJ	2170	280	Riboflavin	mg	1	0.13
	kcal	520	67	Niacin	mg	4.5	0.58
Fat	g	28	3.6	Vitamin B6	mg	0.37	0.05
of which:				Folate	mcg (DFE)	120	15
-saturates	g	9	1.2	Vitamin B12	mcg	0.8	0.1
-unsaturates	g	19	2.4	Pantothenic Acid	mg	3.3	0.42
<b>Omega 3</b>				Biotin	mcg	20	2.6
α-Linolenic Acid (ALA)	mg	390	50	<b>Minerals</b>			
Docosahexaenoic Acid (DHA - LCP)	mg	125	16.1	Sodium	mg	160	21
<b>Omega 6</b>				Potassium	mg	550	71
Linoleic Acid	mg	4200	542	Chloride	mg	350	46
Arachidonic Acid (AA – LCP)	mg	62	8	Calcium	mg	340	44
Total Carbohydrate	g	56	7.2	Phosphorous	mg	200	26
-of which sugars*	g	53	6.8	Magnesium	mg	47	6.3
-of which lactose	g	51	6.6	Iron	mg	5.1	0.66
Fibre	g	2.1	0.27	Zinc	mg	3.5	0.45
-of which Galacto - oligosaccharides	g	1.8	0.23	Copper	mg	0.37	0.05
-of which Fructo - oligosaccharides	g	0.2	0.03	Iodine	mcg	90	12
-of which 3'GL**	g	0.1	0.01	Selenium	mcg	17	2.2
Protein (N x 6.25)	g	10.1	1.3	Manganese	mcg	54	7
-Whey protein	g	6.1	0.8	Fluoride	mg	<0.1	<0.015
-Casein protein	g	4	0.5	<b>Others</b>			
<b>Vitamins</b>				Taurine	mg	45	5.8
Vitamin A	mcg-RE	405	52	Choline	mg	170	22
Vitamin D	mcg	10.5	1.35	Inositol	mg	100	13
Vitamin E	mg-α-TE	15	1.9	L- Carnitine (naturally present)	mg	6.8	0.9
Vitamin K	mcg	30	3.9	Nucleotides	mg	22	2.8
Vitamin C	mg	81	10.4				

\*Sugars derived from milk

\*\* 3'GL – Galactosylactose

## Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil First milk should be fed on demand.

Approx. age of baby	Approx. weight of baby		Water* per feed in ml	Scoops per feed	Feeds per 24 hrs
	kg	lb			
Birth-1 week	3.0	7	90	3	6
1-4 weeks	3.5	8	120	4	5
1-2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4-5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
7-12 months	-	-	210	7	3

\*freshly boiled and cooled

## Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.

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for healthcare professional use