



ESTD 1962

Kendamil[®] classic

nutritional profile & mixing instructions

Nutritional Profile

Nutrient	Unit	Per 100kcal	Per 100ml				
			20 kcal/ fl oz	22 kcal/ fl oz	24 kcal/ fl oz	27 kcal/ fl oz	30 kcal/ fl oz
Energy	kcal	100	67	73	80	90	100
Volume	mL	134	100	100	100	100	100
Protein	g	2	1.3	1.5	1.6	1.8	2
Fat	g	5.4	3.6	3.9	4.3	4.9	5.4
Linoleic Acid	mg	808	541	590	646	727	808
Linolenic Acid	mg	75	50	55	60	68	75
DHA	% total fat	0.45	0.45	0.45	0.45	0.45	0.45
ARA	% total fat	0.22	0.22	0.22	0.22	0.22	0.22
Carbohydrate	g	10.8	7.2	7.9	8.6	9.7	10.8
Vitamins							
Vitamin A	IU	260	174	190	208	234	260
Vitamin D	IU	80	54	58	64	72	80
Vitamin E	IU	3.2	2.1	2.3	2.6	2.9	3.2
Vitamin K	mcg	5.8	3.9	4.2	4.6	5.2	5.8
Thiamin (Vitamin B1)	mcg	80	54	58	64	72	80
Riboflavin (Vitamin B2)	mcg	190	127	139	152	171	190
Vitamin B6	mcg	70	47	51	56	63	70
Vitamin B12	mcg	0.15	0.10	0.11	0.12	0.14	0.15
Niacin	mcg	870	583	635	696	783	870
Folic Acid	mcg	14	9	10	11	13	14
Pantothenic Acid	mcg	630	422	460	504	567	630
Biotin	mcg	3.8	2.5	2.8	3.0	3.4	3.8
Vitamin C	mg	15	10.1	11.0	12.0	13.5	15
Choline	mg	32	21	23	26	28.8	32
Inositol	mg	19	12.7	13.9	15.2	17.1	19
Minerals							
Calcium	mg	65	44	47	52	59	65
Phosphorus	mg	38	25	28	30	34	38
Magnesium	mg	9	6.0	6.6	7.2	8.1	9
Iron	mg	1	0.7	0.7	0.8	0.9	1
Zinc	mg	0.7	0.47	0.51	0.56	0.63	0.7
Manganese	mcg	10	7	7	8	9	10
Copper	mcg	71	48	52	57	64	71
Iodine	mcg	17	11	12	14	15	17
Selenium	mcg	3.3	2.2	2.4	2.6	3.0	3.3
Sodium	mg	31	21	23	25	28	31
Potassium	mg	106	71	77	85	95	106
Chloride	mg	67	45	49	54	60	67
Osmolality							
	mOsm/kg	-	297	327	356	401	446

Mixing Instructions

Calories per scoop	22.4
Grams powder per level scoop	4.3
Grams powder per tablespoon (Tbsp)	7.49
Grams powder per teaspoon (tsp)	2.49
Grams powder per level cup	121.4
Grams protein per gram powder	0.101
Displacement per scoop, mL	3.3
Displacement per gram of powder, mL	0.77
Displacement per tablespoon of powder, mL	5.77

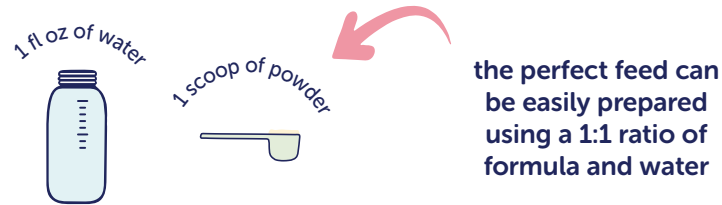
Fortification Instructions

Calories/Ounce	20kcal/oz	22kcal/oz	24kcal/oz	26kcal/oz
Water Volume	5 oz water	4.5 oz water	5 oz water	4.5 oz water
Unpacked Level Scoop	5	5	6	6
Yield	5.5 oz	5 oz	5.5 oz	5 oz

feeding table (birth - 12 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml (1 fl.oz) of water.

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Classic Infant Formula should be fed on demand. If you need more advice talk to your healthcare professional.



approx. age of baby	water per feed ⁺		scoops per feed	feeds per 24 hours
	ml	fl.oz		
0 - 1 week	60	2	2	10
1 week - 1 month	90	3	3	8
1 - 3 months	150	5	5	6
3 - 6 months	180	6	6	5
6 - 9 months	240	8	8	4
10 - 12 months	240	8	8	3

⁺ freshly boiled and cooled

Ingredients

Whole **Milk** (107g per 100g), Demineralised Whey Powder enriched in alpha-lactalbumin (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Lactose (from **Milk**), Galacto-oligosaccharides (from **Milk**), Skimmed **Milk** Powder, Calcium Citrate, Potassium Chloride, Calcium Lactate, Sodium Citrate, Choline Bitartrate, Fructo-oligosaccharides, Magnesium Chloride, Oil from the microalgae Schizochytrium sp., Sodium Ascorbate, Potassium Hydroxide, Inositol, L-Tyrosine, Oil from Mortierella alpina, Taurine, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5'- monophosphate), L-Phenylalanine, Iron Pyrophosphate, Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12.

Allergen advice see ingredients in **bold**.

For medical professionals only

Higher calorie formula concentrations should be used only under the direction of a medical professional. Decisions regarding caloric concentration should be based on medical condition and history. The health care provider is responsible for determining nutritional requirements and monitoring patient tolerance to feedings. The extended use of >20kcal/fl oz formula is not recommended in the absence of medical necessity. As with any powdered infant formula product, use with immune compromised infants is not recommended. When such use is necessary, we recommend following the Academy of Nutrition and Dietetics guidelines for safe preparation, storage, and administration.