



ESTD 1962

# Kendakids®

## vita-boost shake

### Creamy Chocolate

1.0 cal/mL

**0g**  
ADDED SUGARS

**27**  
VITAMINS & MINERALS

**9g**  
PROTEIN

**DHA**  
OMEGA-3

**good gut**  
BACTERIA

**complete nutrition**

## Nutrition Information

| Nutrients          | Unit    | Amount Per Carton (237 mL) |
|--------------------|---------|----------------------------|
| Calories           | kcal    | 240                        |
| Total Fat          | g       | 9                          |
| Saturated Fat      | g       | 2.5                        |
| Cholesterol        | mg      | 15                         |
| Sodium             | mg      | 120                        |
| Total Carbohydrate | g       | 29                         |
| Dietary Fiber      | g       | 2                          |
| Protein            | g       | 9                          |
| Vitamin D          | mcg     | 6 (240 IU)                 |
| Calcium            | mg      | 325                        |
| Choline            | mg      | 110                        |
| Vitamin C          | mg      | 23                         |
| Vitamin K          | mcg     | 24                         |
| Riboflavin         | mg      | 0.3                        |
| Vitamin B6         | mcg     | 0.34                       |
| Phosphorus         | mg      | 250                        |
| Magnesium          | mg      | 84                         |
| Selenium           | mcg     | 11                         |
| Manganese          | mg      | 0.5                        |
| Molybdenum         | mcg     | 9                          |
| Iron               | mg      | 2.7                        |
| Potassium          | mg      | 940                        |
| Vitamin A          | mcg RAE | 180                        |
| Vitamin E          | mg      | 3                          |
| Thiamin            | mg      | 0.3                        |
| Niacin             | mg      | 3.2                        |
| Folic Acid         | mcg     | 80                         |
| Biotin             | mcg     | 7.5                        |
| Vitamin B12        | mcg     | 0.6                        |
| Pantothenic Acid   | mg      | 1.3                        |
| Iodine             | mcg     | 30                         |
| Zinc               | mg      | 2.2                        |
| Copper             | mg      | 0.2                        |
| Chromium           | mcg     | 8.8                        |
| Chloride           | mg      | 230                        |

## Ingredients

Filtered Water, European Grass-Fed Whole **Milk**, Demineralized Whey Powder (**Milk**), European Grass-fed Skimmed **Milk** Powder, Oil Blend (High-oleic sunflower, coconut, sunflower lecithin, olive), Galacto-oligosaccharides (**Milk**), **Less than 2% of:** Natural vanilla flavoring, **Minerals** (Tripotassium Citrate, Tricalcium Phosphate, Magnesium Sulfate, Dipotassium Phosphate, Potassium Hydroxide, Potassium Chloride, Sodium Selenite\*, Ferric Pyrophosphate, Zinc Sulfate, Manganese Sulfate, Copper Sulfate, Potassium Iodide, Chromium Chloride, Sodium Molybdate, Trisodium Citrate), **Vitamins** (Vitamin C (Sodium Ascorbate), Vitamin E (DL-alpha-tocopheryl acetate)), Niacinamide, Calcium-D-Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Vitamin A Acetate, Folic Acid, Vitamin K1 (Pytonadione), Vitamin D (Cholecalciferol), D-Biotin, Vitamin B12 (Cyanocobalamin)), Choline Bitartrate, Gellan Gum, Schizochytrium SP. Oil, Stevia Leaf Extract, Heat-Treated Lactobacillus Paracasei.

**Contains: Milk**

## Features

- **Complete nutrition: 1.0cal/mL**
- **Carbohydrate source:** 100% lactose from whole milk, whey powder, skim milk
- **Protein Source:** Whole milk, whey powder
- **Fat source:** whole milk, oil blend (high oleic sunflower, coconut, olive)
- **Macronutrient distribution:** 51% carbohydrate, 34% fat, 15% protein
- ZERO added sugars, no maltodextrin, syrups, cane sugar
- Whole milk fats, enhancing flavor and fat-soluble vitamin absorption
- 240IU Vitamin D, 325mg Calcium, 2.7mg Iron per serving
- 9 grams of high-quality whey protein per serving
- Contains 32mg of plant-based DHA per serving
- Added Prebiotics and Postbiotics

## Nutritional Applications

- For ages 1+. Specifically formulated for ages 1-13
- Inadequate intake or increased needs
- Malnutrition and/or failure to thrive
- Sole-source or supplemental nutrition
- Oral and tube feeding
- Suitable for gluten-free, soy-free, vegetarian diets
- Not suitable for cow's milk protein allergy or lactose intolerance
- Minimum amount needed per day to meet or exceeds 100% of DRIs for protein and vitamin and minerals:
  - 720mL for children 1-3 years old
  - 960mL for children 4-8 years old
  - 1200mL for children 9-13 years old

## Availability

Available for purchase at any Target nationwide



## Order Samples

Order samples and coupons for your patients

