

Organic Follow-on Milk 800g

Kendamil Organic Follow On Milk is a formula uniquely made with organic whole milk and free from palm oil, fish oil and soy. It's formulated to help meet the increased nutritional needs of infants from 6 months of age alongside a weaning diet. Exclusively manufactured in the UK and certified organic by the Soil Association, Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil Follow On Milk contains GOS and 3'-GL (galactosyllactose).



Made in
the UK



Organic whole milk
from grass-fed
British family farms



No palm oil.
No fish oil.
Vegetarian friendly

Presentation

Kendamil Stage 2 Organic is packaged in a 800g can.

Contraindications

Not suitable for those with allergies to any of the ingredients, galactosaemia or cow's milk intolerance.

Shelf life

24 months from date of manufacture.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

IMPORTANT NOTICE

This information is intended for Healthcare Professional use only. Breastfeeding is best for babies. Follow-on milk is only for babies over 6 months, as part of a mixed diet and should not be used as a breastmilk substitute before 6 months. The use of follow-on formula should be made only on the advice of a healthcare professional.

Ingredients

Organic whole **milk**, Organic demineralized whey protein powder (**milk**), Organic vegetable oils (sunflower, coconut, rapeseed), Organic skimmed **milk** powder, Organic galacto-oligosaccharide (from **milk**), **Less than 2% of:** Lactose (from **milk**), Calcium citrate, Sodium Citrate, Potassium Chloride, Calcium lactate, Magnesium chloride, Oil from the Microalgae Schizochytrium sp., Vitamin C, Potassium Hydroxide, Choline bitartrate, Inositol, Oil from Mortierella alpina, Taurine, Iron Pyrophosphate, Nucleotides (cytidine-5'-monophosphate, disodium uridine-5'-Monophosphate adenosine-5'-monophosphate, disodium inosine-5'-monophosphate, disodium guanosine-5'-monophosphate), Zinc sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12

Allergy Advice: For Allergens See Ingredients in **Bold**.

Nutritional Values

		Per 100g	Per 100ml				
				Niacin	mg	4.7	0.6
Energy	kJ kcal	2133 510	275 66	Vitamin B6	mg	0.4	0.05
Fat	g	27.2	3.5	Folate (DFE)	mcg	150	19.3
of which saturates	g	9.5	1.2	Vitamin B12	mcg	1.5	0.19
of which unsaturates	g	16.2	2.1	Pantothenic Acid	mg	3.8	0.49
Omega-3				Biotin	mcg	12	1.6
α-Linolenic Acid (ALA)	mg	430	55.5	Minerals			
Docosahexaenoic Acid (DHA)	mg	125	16.1	Sodium	mg	200	26
Omega 6				Potassium	mg	580	75
Linoleic Acid (LA)	mg	4515	582	Chloride	mg	360	46
Arachidonic Acid (ARA)	mg	62	8	Calcium	mg	340	44
Total Carbohydrate	g	54	7	Phosphorous	mg	185	23.8
of which sugars*	g	52	6.7	Magnesium	mg	45	5.8
of which lactose	g	49	6.3	Iron	mg	6	0.8
Fibre	g	1.8	0.23	Zinc	mg	4.2	0.54
of which Galacto-oligosaccharides	g	1.7	0.22	Copper	mg	0.42	0.054
of which 3'+4'+6'-GL**	g	0.23	0.03	Iodine	mcg	100	13
Protein (N x 6.25)	g	11.4	1.5	Selenium	mcg	19	2.5
Vitamins				Manganese	mcg	75	9.7
Vitamin A	mcg-RE	365	47	Fluoride	mg	<0.1	<0.015
Vitamin D3	mcg	10.3	1.3	Others			
Vitamin E	mg-α-TE	10.5	1.4	Taurine	mg	45	5.8
Vitamin K	mcg	28	3.6	Choline	mg	145	18.7
Vitamin C	mg	70	9	Inositol	mg	90	11.6
Thiamin	mg	0.5	0.06	L-Carnitine (naturally occurring)	mg	12	1.5
Riboflavin	mg	1.4	0.18	Nucleotides	mg	21	2.7

*Sugars derived from milk **GL - Galactosyllactose

Feeding Guide (6-12 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30ml of water. From 6 months your baby will need about 600ml of Kendamil Organic Follow-On Milk per day as a drink or in food. If you need more advice talk to your healthcare professional.

Amount of freshly boiled and cooled water per feed	Number of scoops per feed
150ml	5
180ml	6
210ml	7

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist. If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.