

ESTD 1962

# Kendamil®

healthcare

## Goat First Infant Milk 800g

Kendamil Goat First Infant Milk is a nutritionally complete breastmilk substitute, made with whole goat milk and free from palm oil, fish oil and soy. It's suitable as the sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Kendamil Goat First Infant Milk contains a blend of GOS and HMOs in the form of 3'-GL (galactosyllactose) to mimic the natural composition of human breast milk.



Made with creamy  
Whole A2 Goat Milk  
and Goat Whey



No palm oil.  
No fish oil.  
Vegetarian friendly



Contains GOS  
and free from  
maltodextrin

### Presentation

Kendamil Stage 1 Goat is packaged in a 800g can.

### Contraindications

Not suitable for those with allergy to any of the ingredients, including cows milk proteins.

### Shelf life

24 months from date of manufacture.

### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

### IMPORTANT NOTICE

This information is intended for Healthcare Professional use only. Breastfeeding is best for babies. Infant milk is suitable from birth when babies are not breastfed. The use of infant formula should be made only on the advice of a healthcare professional.

### Ingredients

Whole Goat **Milk**, Demineralised Goat Whey Powder (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Lactose (from **Milk**), Galacto-oligosaccharides (from **Milk**), **Less than 2% of:** TriCalcium Citrate, Choline Bitartrate, Sodium Citrate, Potassium Chloride, Oil from the microalgae Schizochytrium sp. (**Milk**), L-Phenylalanine, Magnesium Chloride, L-Isoleucine, L-Tryptophan, Potassium Hydroxide, Ascorbic acid, Iron Pyrophosphate, Oil from Mortierella Alpina (**Milk**), L-Tyrosine, Inositol, Taurine, TriCalcium Phosphate, Calcium Phosphate, Nucleotides (Cytidine-5'-Monophosphate, Disodium Uridine-5'-Monophosphate, Adenosine-5'-Monophosphate, Disodium Inosine-5'-Monophosphate, Disodium Guanosine-5'-Monophosphate), Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K1, Vitamin D3, Biotin, Vitamin B12.

**Allergy Advice:** For Allergens See Ingredients In **Bold**.

## Nutritional Values

		Per 100g	Per 100ml				
				Riboflavin	mg	1.4	0.18
Energy	kJ kcal	2148 513	277 66	Niacin	mg	4.7	0.6
Fat	g	27.4	3.5	Vitamin B6	mg	0.4	0.05
of which saturates	g	9.7	1.3	Folate (DFE)	mcg	150	19.3
of which unsaturates	g	17.7	2.3	Vitamin B12	mcg	1.3	0.16
<b>Omega-3</b>				Pantothenic Acid	mg	3.8	0.49
α-Linolenic Acid (ALA)	mg	430	55.5	Biotin	mcg	14	1.8
Docosahexaenoic Acid (DHA)	mg	125	16.1	<b>Minerals</b>			
<b>Omega 6</b>				Sodium	mg	190	24.5
Linoleic Acid (LA)	mg	4515	582	Potassium	mg	520	67
Arachidonic Acid (ARA)	mg	62	8	Chloride	mg	385	49.6
Total Carbohydrate	g	54	7	Calcium	mg	350	45.2
of which sugars*	g	52	6.7	Phosphorous	mg	185	23.8
of which lactose	g	50	6.5	Magnesium	mg	50	6.4
Fibre	g	1.8	0.23	Iron	mg	5.3	0.7
of which Galacto-oligosaccharides	g	1.7	0.22	Zinc	mg	3.9	0.5
of which 3'+4'+6'-GL**	g	0.23	0.03	Copper	mg	0.4	0.052
Protein (N x 6.25)	g	11.2	1.4	Iodine	mcg	95	12.3
- Whey protein	g	6.4	0.8	Selenium	mcg	18	2.3
- Casein protein	g	4.6	0.6	Manganese	mcg	70	9
<b>Vitamins</b>				Fluoride	mg	<0.1	<0.015
Vitamin A	mcg-RE	390	50	<b>Others</b>			
Vitamin D3	mcg	10.4	1.3	Taurine	mg	45	5.8
Vitamin E	mg-α-TE	10.5	1.4	Choline	mg	155	20
Vitamin K	mcg	28	3.6	Inositol	mg	90	11.6
Vitamin C	mg	70	9	L-Carnitine (naturally occurring)	mg	12	1.5
Thiamin	mg	0.5	0.06	Nucleotides	mg	22	2.8

\*Sugars derived from milk \*\*GL - Galactosyllactose

## Feeding Guide (Birth - 6 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml of water. This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Infant Goat Milk should be fed on demand. If you need more advice talk to your healthcare professional.

Approximate age of baby	Approximate weight of baby		Amount of freshly boiled and cooled water per feed	Number of scoops per feed	Feeds per 24 hours
	kg	lb			
Birth - 1 week	3.0	7	90	3	6
1 - 4 weeks	3.5	8	120	4	5
1 - 2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4 - 5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
7 - 12 months			210	7	3

## Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist. If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.

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