

ESTD 1962

Kendamil[®]

healthcare

Comfort Milk 800g

Kendamil Comfort Infant Milk contains reduced lactose, partially hydrolysed whey proteins and higher levels of alpha lactalbumin to assist in the dietary management of colic and constipation. Kendamil Comfort is free from palm oil and fish oil and suitable as the sole source of nutrition from birth, or as part of a weaning diet from 6 months. Kendamil Comfort should only be used under the supervision of a healthcare practitioner.



Partially
hydrolysed
protein



Reduced
lactose



Free from
palm oil



Vegetarian
friendly

Presentation

Kendamil Comfort Milk is packaged in a 800g can.

Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

Shelf life

24 months from date of manufacture.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

IMPORTANT NOTICE

This information is intended for Healthcare Professional use only. Breastfeeding is best for babies. Infant milk is suitable from birth when babies are not breastfed. The use of infant formula should be made only on the advice of a healthcare professional.

Ingredients

Soluble dextrin, cream (**milk**), vegetable oils (high oleic sunflower oil, sunflower oil, rapeseed oil, coconut oil), lactose (**milk**), partially hydrolysed whey protein (**milk**), galacto-oligosaccharides (**milk**), whey protein concentrate alpha-lactalbumin (**milk**), whole **milk** powder, **less than 2% of:** calcium phosphate, potassium chloride, choline bitartrate, oil from the microalgae Schizochytrium Sp., fructo-oligosaccharides, potassium citrate, magnesium sulphate, sodium citrate, L-tyrosine, L-arginine, calcium citrate, oil from Mortierella alpina, zinc sulphate, sodium ascorbate (vitamin C), inositol, iron pyrophosphate, taurine, nucleotides (cytidine-5'-monophosphate, disodium uridine-5'-monophosphate, adenosine-5'-monophosphate, disodium inosine-5'-monophosphate, disodium guanosine-5'-monophosphate), sodium selenite, copper sulphate, vitamin E, potassium iodide, L-carnitine, L-histidine, niacin, vitamin D3, calcium pantothenate, vitamin A, manganese sulphate, biotin, riboflavin, thiamin, vitamin K, vitamin B6, folic acid, vitamin B12, antioxidant: tocopherol-rich extract.

Allergy advice: For allergens see ingredients in **bold**.

Nutritional Values

		Per 100g	Per 100ml				
				Riboflavin	mg	1.1	0.14
Energy	kJ kcal	2129 509	275 66	Niacin	mg	5.6	0.72
Fat	g	27	3.5	Vitamin B6	mg	0.35	0.045
of which saturated	g	9.8	1.26	Folate	µg (DFE)	160	20.6
of which mono-unsaturates	g	11	1.42	Vitamin B12	mcg	1.1	0.14
of which poly-unsaturates	g	4.2	0.54	Biotin	mcg	12	1.6
Omega 3				Pantothenic Acid	mg	4	0.52
α-Linolenic Acid (ALA)	mg	300	38.7	Minerals			
Docosahexaenoic Acid (DHA-LCP)	mg	125	16.1	Sodium	mg	150	19.4
Omega 6				Potassium	mg	600	77.4
Linoleic Acid	mg	3100	400	Chloride	mg	350	45.2
Arachidonic Acid (ARA-LCP)	mg	62	8	Calcium	mg	330	42.6
Total Carbohydrate	g	53	6.8	Phosphorous	mg	190	24.5
of which sugars	g	19.8	2.55	Magnesium	mg	55	7.1
of which lactose	g	17.2	2.2	Iron	mg	5.4	0.7
of which polyols	g	<0.1	<0.01	Zinc	mg	3.6	0.46
of which starch	g	<0.1	<0.01	Copper	µg	390	50
Fibre	g	3.3	0.4	Manganese	µg	55	7.1
of which Galacto-oligosaccharides	g	2.97	0.383	Fluoride	mg	<0.11	<0.014
of which Fructo-oligosaccharides	g	0.33	0.04	Selenium	µg	19	2.5
Protein (N x 6.25)	g	12	1.5	Chromium	µg	3.4	0.44
Casein/Whey protein ratio		10/90		Molybdenum	µg	18	2.32
Alpha-lactalbumin	g	1.71	0.22	Iodine	µg	100	12.9
Partially hydrolysed whey	g	6.15	0.79	Others			
Salt	g	0.38	0.05	Taurine	mg	38	4.9
Vitamins				Choline	mg	160	20.6
Vitamin A	µg-RE	450	58.1	Inositol	mg	70	9.03
Vitamin D	µg g	11	1.4	L-Carnitine	mg	9	1.2
Vitamin E	mg-α-TE	11	1.4	Nucleotides	mg	20	2.6
Vitamin K	µg	30	3.9	Osmolarity	mOsmol/L	197.6	
Vitamin C	mg	90	12	Osmolarity	mOsmol/kgH ₂ O	219.5	
Thiamin	mg	0.5	0.065				

Feeding Guide (Birth - 6 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml of water. This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil 1 Comfort Milk should be fed on demand. If you need more advice talk to your healthcare professional.

Approximate age of baby	Approximate weight of baby		Amount of freshly boiled and cooled water per feed	Number of scoops per feed	Feeds per 24 hours
	kg	lb	ml		
Birth - 1 week	3.0	7	90	3	6
1 - 4 weeks	3.5	8	120	4	5
1 - 2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4 - 5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
7 - 12 months			210	7	3

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist. If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.

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