

ESTD 1962

Kendamil[®]
healthcare

Classic Follow-on Milk 800g

Kendamil Classic Follow-On Milk is formula uniquely made with whole milk and free from palm oil, fish oil, and soy, formulated to help meet the increased nutritional needs of infants from 6 months of age alongside a weaning diet. Kendamil is enriched with plant-based DHA and ARA, making it the only vegetarian friendly baby milk. Kendamil Follow-On Milk contains a blend of GOS/FOS and HMOs in the form of 3'-GL (galactosyllactose).



**Whole milk from
grass-fed cows**



**Plant-based DHA
(Omega-3)**



**No palm oil.
No fish oil.
Vegetarian friendly**

Presentation

Kendamil Stage 2 Classic is packaged in a 800g can.

Contraindications

Not suitable for those with allergies to any of the ingredients, galactosaemia or cow's milk intolerance.

Shelf life

24 months from date of manufacture.

Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

IMPORTANT NOTICE

This information is intended for Healthcare Professional use only. Breastfeeding is best for babies. Follow-on milk is only for babies over 6 months, as part of a mixed diet and should not be used as a breastmilk substitute before 6 months. The use of follow-on formula should be made only on the advice of a healthcare professional.

Ingredients

Whole **Milk**, Skimmed **Milk**, Lactose (**Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Demineralised Whey Powder (**Milk**), Galacto-oligosaccharides (**Milk**), Whey Protein Concentrate alpha-lactalbumin (**Milk**), **Less than 2% of:** Calcium Citrate, Potassium Chloride, Calcium Phosphate, Sodium Citrate, Choline Bitartrate, Fructo-oligosaccharides, Magnesium Chloride, Oil from the microalgae Schizochytrium sp. (**Milk**), Sodium Ascorbate (Vitamin C), Potassium Hydroxide, Inositol, L-Tyrosine, Oil from Mortierella alpina, Taurine, Iron Pyrophosphate, Nucleotides (Cytidine-5'-monophosphate, Disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, Disodium Inosine-5'-monophosphate, Disodium Guanosine-5'-monophosphate), L-Phenylalanine, Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Potassium Iodide, Folic Acid, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12, Antioxidant: Tocopherol-Rich Extract.

Allergy advice: For allergens see ingredients in **bold**.

Nutritional Values

		Per 100g	Per 100ml	Niacin	mg	4.7	0.61
Energy	kJ kcal	2180 521	281 67	Vitamin B6	mg	0.37	0.05
Fat	g	28	3.6	Folate (DFE)	mcg	110	14.2
of which saturates	g	9	1.2	Vitamin B12	mcg	1.5	0.19
of which unsaturates	g	19	2.4	Pantothenic Acid	mg	3.4	0.44
Omega-3				Biotin	mcg	18	2.3
α-Linolenic Acid (ALA)	mg	390	50	Minerals			
Docosahexaenoic Acid (DHA – LCP)	mg	125	16.1	Sodium	mg	162	20.9
Omega 6				Potassium	mg	555	71.6
Linoleic Acid (LA)	mg	4185	540	Chloride	mg	500	64.5
Arachidonic Acid (ARA)	mg	62	8	Calcium	mg	340	43.9
Total Carbohydrate	g	56	7.2	Phosphorous	mg	205	26.4
of which sugars*	g	53	6.8	Magnesium	mg	47	6.06
of which lactose	g	51	6.6	Iron	mg	5.8	0.75
Fibre	g	2.1	0.27	Zinc	mg	4	0.52
of which Galacto-oligosaccharides	g	1.8	0.23	Copper	mcg	410	52.9
of which 3'+4'+6'-GL**	g	0.23	0.03	Iodine	mcg	100	12.9
of which Fructo-oligosac- charides	g	0.2	0.03	Selenium	mcg	18	2.32
Protein (N x 6.25)	g	10.3	1.3	Manganese	mcg	57	7.35
Vitamins				Fluoride	mg	<0.1	<0.013
Vitamin A	mcg-RE	400	51.6	Others			
Vitamin D	mcg	10.5	1.4	Taurine	mg	45	5.8
Vitamin E	mg-α-TE	14	1.8	Choline	mg	170	21.9
Vitamin K	mcg	28	3.61	Inositol	mg	100	12.9
Vitamin C	mg	85	11	L-Carnitine (naturally occurring)	mg	6.8	0.9
Thiamin	mg	0.45	0.06	Nucleotides	mg	22	2.84
Riboflavin	mg	1	0.13				

*Sugars derived from milk **GL - Galactosyllactose

Feeding Guide (6-12 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30ml of water^a. From 6 months your baby will need about 600ml of Kendamil Follow-On Milk per day as a drink or in food. If you need more advice talk to your health care professional

Water per feed ^a	Scoops per feed ^b
150ml	5
180ml	6
210ml	7

Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist. If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.