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# Kendamil<sup>®</sup>

healthcare

## Classic First Infant Milk 800g

Kendamil Classic First Infant Milk is a nutritionally complete breastmilk substitute, uniquely made with whole milk and free from palm oil, fish oil and soy, suitable as the sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Kendamil infant milk contains a blend of GOS/FOS and HMOs in the form of 3'-GL(galactosyllactose) to mimic the natural composition of human breast milk.



**Whole milk from grass-fed cows**



**No palm, soy, or fish oil**



**Vegetarian friendly**

### Presentation

Kendamil Stage 1 Classic is packaged in a 800g can.

### Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

### Shelf life

24 months from date of manufacture.

### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

### IMPORTANT NOTICE

This information is intended for Healthcare Professional use only. Breastfeeding is best for babies. Infant milk is suitable from birth when babies are not breastfed. The use of infant formula should be made only on the advice of a healthcare professional.

### Ingredients

Whole **milk**, Skimmed **milk**, Lactose (**Milk**), Vegetable Oils (Sunflower, coconut, rapeseed), Demineralised Whey Powder (**Milk**), Galacto-oligosaccharides (**Milk**), Whey Protein Concentrate alpha-lactalbumin (**Milk**), **Less than 2% of:** Calcium citrate, Potassium Chloride, Calcium Phosphate, Sodium Citrate, Choline Bitartrate, Fructo-oligosaccharides, Magnesium Chloride, Oil from the Microalgae Schizochytrium sp.(**Milk**), Sodium Ascorbate (Vitamin C), Potassium Hydroxide, Inositol, L-Tyrosine, Oil from Mortierella alpina, Taurine, Iron Pyrophosphate, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5'-monophosphate), L- Phenylalanine, Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12, Antioxidant: Tocopherol-Rich Extract.

**Allergy advice:** For allergens see ingredients in **bold**.

## Nutritional Values

		Per 100g	Per 100ml				
				Riboflavin	mg	1	0.13
Energy	kJ kcal	2177 521	281 67	Niacin	mg	4.5	0.58
Fat	g	28	3.6	Vitamin B6	mg	0.37	0.05
of which saturates	g	9	1.2	Folate (DFE)	mcg	120	15
of which unsaturates	g	19	2.5	Vitamin B12	mcg	1.5	0.19
<b>Omega-3</b>				Pantothenic Acid	mg	3.3	0.43
α-Linolenic Acid (ALA)	mg	390	50	Biotin	mcg	20	2.6
Docosahexaenoic Acid (DHA – LCP)	mg	125	16.1	<b>Minerals</b>			
<b>Omega 6</b>				Sodium	mg	160	20.6
Linoleic Acid (LA)	mg	4200	542	Potassium	mg	550	71
Arachidonic Acid (ARA)	mg	62	8	Chloride	mg	500	64.5
Total Carbohydrate	g	56	7.2	Calcium	mg	340	43.9
of which sugars*	g	53	6.8	Phosphorous	mg	200	25.8
of which lactose	g	51	6.6	Magnesium	mg	47	6.06
Fibre	g	2.1	0.27	Iron	mg	5.1	0.66
of which Galacto-oligosaccharides	g	1.8	0.23	Zinc	mg	3.5	0.45
of which 3'+4'+6'-GL**	g	0.23	0.03	Copper	mcg	370	47.7
of which Fructo-oligosac- charides	g	0.2	0.03	Iodine	mcg	90	11.6
Protein (N x 6.25)	g	10.1	1.3	Selenium	mcg	17	2.19
- Whey protein	g	6.1	0.8	Manganese	mcg	54	6.97
- Casein protein	g	4	0.5	Fluoride	mg	<0.1	<0.013
<b>Vitamins</b>				<b>Others</b>			
Vitamin A	mcg-RE	405	52	Taurine	mg	45	5.8
Vitamin D	mcg	10.5	1.35	Choline	mg	170	21.9
Vitamin E	mg-α-TE	15	1.9	Inositol	mg	100	12.9
Vitamin K	mcg	30	3.9	L-Carnitine (naturally occurring)	mg	6.8	0.9
Vitamin C	mg	81	10.4	Nucleotides	mg	22	2.84
Thiamin	mg	0.45	0.06				

\*Sugars derived from milk \*\*GL - Galactosyllactose

## Feeding Guide (Birth - 6 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml of water. This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil 1 Classic Milk should be fed on demand. If you need more advice talk to your healthcare professional.

Approximate age of baby	Approximate weight of baby		Amount of freshly boiled and cooled water per feed	Number of scoops per feed	Feeds per 24 hours
	kg	lb			
Birth - 1 week	3.0	7	90	3	6
1 - 4 weeks	3.5	8	120	4	5
1 - 2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4 - 5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
7 - 12 months			210	7	3

## Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist. If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.