



# Kendamil®

## product data card

### Comfort Milk 800g

#### Description

Kendamil Comfort Infant Milk is vegetarian and suitable from birth. Our Comfort milk formula contains reduced lactose, partially hydrolysed whey proteins and higher levels of alpha lactalbumin to assist in the dietary management of colic and constipation. Kendamil Comfort is suitable as the sole source of nutrition from birth, and as part of a weaning diet from 6 months. Kendamil Comfort should only be used under the supervision of a healthcare practitioner.

#### Presentation

Kendamil Comfort Milk is packaged in a 800g can.

#### Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

#### Shelf life

24 months from date of manufacture.

#### Storage

Store in a cool dry place before and after opening. Packaged in a protective atmosphere. For best before, see base of can. Use within 4 weeks of opening. Do not refrigerate and do not freeze.

#### IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

#### Ingredients

Allergen advice see ingredients in **bold**.

Soluble Starch, **Milk** Fat, Lactose (From **Milk**), Vegetable Oils (High Oleic Sunflower Oil, Sunflower Oil, Rapeseed Oil, Coconut Oil), Partially Hydrolysed Whey Protein Concentrate (From **Milk**), Galacto-oligosaccharides (From **Milk**), Whey Protein Concentrate enriched in alpha-lactalbumin (From **Milk**), Skimmed **Milk** Powder, Fructo-oligosaccharides, Magnesium Chloride, Choline Bitartrate, Potassium Chloride, Calcium Citrate, Calcium Lactate, Tricalcium Phosphate, Calcium Phosphate, Sodium Citrate, Potassium Hydroxide, Ascorbic Acid, Oil from the microalgae Schizochytrium sp., Inositol, L-Arginine, Oil from Mortierella alpina, Taurine, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5' monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5' monophosphate), L-Histidine, Iron Pyrophosphate, Zinc Sulphate, L-Carnitine, Vitamin E, Niacin, Calcium Pantothenate, Riboflavin, Copper Sulphate, Vitamin A, Thiamin, Vitamin B6, Manganese Sulphate, Potassium Iodide, Folic Acid, Sodium Selenite, Vitamin K, Vitamin D, Biotin, Vitamin B12.

## Typical Nutritional Values

		per 100g	per 100ml	Vitamin B6	mg	0.35	0.05
Energy	kJ	2164	279	Folate	mcg (DFE)	160	21
	kcal	517	67	Vitamin B12	mcg	1.1	0.14
Fat	g	27	3.5	Pantothenic Acid	mg	4	0.5
<b>Omega 3</b>				Biotin	mcg	12	1.5
$\alpha$ -Linolenic Acid (ALA)	mg	300	39	<b>Minerals</b>			
Docosahexaenoic Acid (DHA - LCP)	mg	125	16	Sodium	mg	150	19
<b>Omega 6</b>				Potassium	mg	600	77
Linoleic Acid	mg	3100	400	Chloride	mg	350	45
Arachidonic Acid (AA - LCP)	mg	62	8	Calcium	mg	330	43
Carbohydrate	g	53	6.8	Phosphorous	mg	190	25
-of which lactose	g	17.2	2.2	Magnesium	mg	55	7.1
Fibre	g	4.1	0.53	Iron	mg	5.4	0.7
-of which Galacto - oligosaccharides	g	3.5	0.45	Zinc	mg	3.6	0.5
-of which Fructo - oligosaccharides	g	0.6	0.08	Copper	mcg	0.36	0.05
Protein (N x 6.25)	g	11.9	1.54	Iodine	mcg	100	13
Casein/Whey ratio		10/90	10/90	Selenium	mcg	19	2.5
Salt	g	0.39	0.05	Manganese	mcg	55	7
<b>Vitamins</b>				Chromium	mcg	3.4	0.4
Vitamin A	mcg-RE	450	58.1	Molybdenum	mcg	6.7	0.9
Vitamin D	mcg	11	1.4	Fluoride	mg	<0.11	<0.014
Vitamin E	mg- $\alpha$ -TE	11	1.4	<b>Others</b>			
Vitamin K	mcg	30	3.9	Taurine	mg	38	4.9
Vitamin C	mg	90	12	Choline	mg	160	21
Thiamin	mg	0.5	0.06	Inositol	mg	70	9
Riboflavin	mg	1.1	0.14	L- Carnitine	mg	9	1
Niacin	mg	5.6	0.72	Nucleotides	mg	20	2.6

\*Sugars derived from milk

\*\* 3'GL - Galactosylactose

## Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Comfort milk should be fed on demand.

Approx. age of baby	Approx. weight of baby		Water* per feed in ml	Scoops per feed	Feeds per 24 hrs
	kg	lb			
Birth-1 week	3.0	7	90	3	6
1-4 weeks	3.5	8	120	4	5
1-2 months	4.5	10	120	4	5
3 months	5.5	12	150	5	5
4-5 months	6.5	14	180	6	5
6 months	8	18	210	7	4
6-12 months	-	-	210	7	2-3

\*freshly boiled and cooled

## Preparation

1. Wash hands, then sterilise your feeding utensils according to manufacturer's instructions.
2. Fill kettle with 1 litre of freshly run tap water (do not use repeatedly boiled water). Boil and leave to cool for 30 minutes, so it remains at a temperature of at least 70°C. Measure the required water into a sterilised bottle.
3. Using the scoop provided, add the correct number of levelled scoops to the bottle. Use the straight edge inside the lid to level each scoop.
4. Place a sterilised teat and cap on the bottle and shake well to dissolve powder.
5. Cool to a natural body temperature by running the bottle (lid on) under cold running water. Always test the temperature of the formula on the inside of your wrist.

If feed has not been used within 2 hours, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.